

**Beginner:** Two steps, two at a time

Competitors who have not taken Irish dance lessons with a registered teacher prior to Sept. 1, of the previous year.

Music speeds: R/Lt J 115,

For Girls age list must read as follows

AGE	R	Lt	Jlg
Und 5	1	2	
Und 6	3	4	
Und 7	5	6	
Und 8	7	8	
Und 9	9	10	
Und 10	11	12	
Und 11	13	14	
Und 12	15	16	
12+	17	18	

For Boys age list must read as follows

AGE	R	Lt	Jlg
Und 7	19	20	
Und 9	21	22	
Und 11	23	24	
11+	25	26	

**Adv. Beginner:** Two steps, two at a time

A dancer who has completed 1 yr in beginner & who has not won 1<sup>st</sup>, 2<sup>nd</sup>, or 3<sup>rd</sup>, in this category

Music speeds: R/LtJ/ SJ 115, HvyJ 92, HP 138

For Girls age list must read as follows

AGE	R	LtJ	SJ	HvyJ	HP
Und 6	27	28	29	30	31
Und 7	32	33	34	35	36
Und 8	37	38	39	40	41
Und 9	42	43	44	45	46
Und 10	47	48	49	50	51
Und 11	52	53	54	55	56
Und 12	57	58	59	60	61
Und 13	62	63	64	65	66
13+	67	68	69	70	71

For Boys age list must read as follows

AGE	R	LtJ	HvyJ	HP
Und 7	72	73	74	75
Und 9	76	77	78	79
Und 11	80	81	82	83
11+	84	85	86	87

**Novice:** Two steps, two at a time

Competitors who have placed 1<sup>st</sup>, 2<sup>nd</sup>, or 3<sup>rd</sup>, in an adv. Beginner category & have never placed 1<sup>st</sup> in Novice. Dancers may enter all dances. Music

speeds: R/SJ 113,LtJ 115, HvyJ 73 or 92, HP 113 or 138

For Girls Age list must read as follows

AGE	R	SipJ	LtJ	HvyJ	HP
Und 6	88	89	90	91	92
Und 7	93	94	95	96	97
Und 8	98	99	100	101	102
Und 9	103	104	105	106	107
Und 10	108	109	110	111	112
Und 11	113	114	115	116	117
Und 12	118	119	120	121	122
Und 13	123	124	125	126	127
Und 14	128	129	130	131	132
14+	133	134	135	136	137

For Boys age list must read as follows

AGE	R	LtJ	HvyJ	HP
Und 7	138	139	140	141
Und 9	142	143	144	145
Und 11	146	147	148	149
11+	150	151	152	153

**Prize Winner:** Two steps, two at a time-

Competitors who have placed 1<sup>st</sup> in Novice. Music speeds: R/SJ 113,LtJ 115, HvyJ 73 or 92, HP 113 or 138

For Girls age list must read as follows

AGE	R	SipJ	HvyJ	HP
Und 6	154	155	156	157
Und 7	158	159	160	161
Und 8	162	163	164	165
Und 9	166	167	168	169
Und 10	170	171	172	173
Und 11	174	175	176	177
Und 12	178	179	180	181
Und 13	182	183	184	185
Und 14	186	187	188	189
14+	190	191	192	193

For Boys age list must read as follows

AGE	R	HvyJ	HP
Und 7	194	195	196
Und 9	197	198	199
Und 11	200	201	202
11+	203	204	205

## NAFC RULES

1. In case of all solo & team Competitions in all grades, the age of a competitor on Jan. 1 of the year in which the competitions held will determine the right of entry. For the purposes of this Rule, a competitor whose birthday is 1 Jan is deemed to be under the age attained on that date.

2. Competitions are open to amateurs. Teachers or other professionals cannot compete in the category in which they major. All competitors must be pupils of a TCRG or ADCRG currently registered with An Coimision Le Rinci Gaelacha Dublin, Ireland, IDTANA & with your region.

3. A competitor may be disqualified for any of the following reasons: a.) Conduct unbecoming a lady or gentleman b.) Failure to report on time to compete c.) Falsification of age or other important facts, i.e. teaching, award winning, competing under another competitor's name or number, etc. Penalty for a & c. Competitor will be disqualified from the Feis at which the occurrence happened and from all NAFC-registered Feisanna for a period of one year beginning at the date of the occurrence.

4. Competition will be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced.

5. Solo competitors in beginner, novice or open (prizewinner) competition a.) Must compete in their own age group b.) Must be prepared to perform two steps in each in each event

c.) Cannot change competitions on the day of the Feis d.) Dance two competitors at a time

6. Figure Dancing: Teachers/Team Captains are responsible that their teams are complete and in position when the competition is announced. Competitors may compete in the next higher age group, however, a competitor may compete in only on

7. Steel taps or "bubble" heels on dancing shoes, display of awards, wearing of shorts or other unconventional dress is prohibited. Authentic Gaelic dress is desired.

8. Competitors' numbers must be worn and visible to adjudicators when performing in all competitions

9. Awards will be determined in proportion to the number of competitors entered in each competition and to the degree of proficiency shown.

10. Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing. Good sportsmanship, as well as ladylike and gentlemanly conduct by all is desired throughout the Feis.

11. Complaints must be in writing, stating names and other factual information, and signed by the complainant. A \$10.00 fee must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.

12. The Feis Committee and any organization affiliated with same will not be held responsible for personal injury, property loss or damage. Destruction of Feis property or rental property will be punishable by law.

13. The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor's performing time.

The decision of the Feis committee is final in all matters connected with the Feis.

14. Competitors must answer all questions as required by the Feis entry committee, including Teacher's name and enclosed entry fee when mailing or else the entry will be rejected.

The official entry card must be used. Entries must be postmarked on or before the closing date or subject to a late fee.

15. Entrants in any Championship event may not enter in any other solo events, or traditional set but may enter in figure dances. Entrants in Open Championships should specify, on the entry form their choice of set dance.

Entrants cannot change competition or category on the day of the Feis. a.) Standard Age Groups for Open Championship, b.) Boys & girls must be advertised separately if less than 5 boys per competition Feis

organizers will combine with 1 age group up. If this cannot be done and there is 1 boy then they will ask the boy if he would prefer to be combined with the girls competition of his age or dance alone. The status of a dancer does not change unless there are 5 or more dancers in a competition.

16. Preliminary championships are open to those who, at any NAFC sanctioned Feis: a.) Have placed 1st in soft shoe and hard shoe as a prizewinner, or b.) Have never placed 1<sup>st</sup>, 2<sup>nd</sup>, or 3<sup>rd</sup> in Open Championships

17. Championships require at least three adjudicators.

18. First place winners in open championship category cannot return to a Preliminary or Open (PW)

19. The use of flash, video, digital or motions picture cameras prohibited during a dance competition except for press use or Feis Committee documentation.

20. As of Sept. 1, 2005 no block enpoint stationary or moving

maybe performed by any ages up to and including under 12 age groups.

NAME OF FEIS  
 LOCATION  
 SAMPLE 2005

Chairpersons

Limited to the first \_\_\_\_\_ entries  
 received \_\_\_\_\_  
 By closing date \_\_\_\_\_  
 No Video Cameras allowed \_\_\_\_\_

Feis is registered, sanctioned and will  
 be governed by the rules of An  
 Coimisiun, the North American Feis  
 Commission, & the New England  
 Region \_\_\_\_\_, President NAFC

US Senior Championship Belt  
 Gerry Cambell Perpetual Belt  
 \_\_\_\_\_  
 US Junior Championship Trophy  
 Robert Gabor Perpetual Trophy  
 \_\_\_\_\_  
 US Minor Championship Trophy  
 George Sweetman Memorial Trophy  
 \_\_\_\_\_

Gate Fee: Adult \_\_\_\_\_  
 Children 6 to 18 \_\_\_\_\_  
 Children 5 and under \_\_\_\_\_

Directions to feis

This Syllabus is a sample syllabus  
 With all the minimum requirements for  
 ages and categories to be offered.

You may add competitions and ages but  
 you may not delete any that are listed on  
 this syllabus

Adjudicators and musicians must be posted on your  
 syllabus or on your school web site.

Suggestions:

Figure dancing  
 Traditional Set

Local Hotels in area

Tentative Time Schedule

## Championships

See rule #16

### Preliminary Boys and Girls

Dance 1 soft shoe and 1 hard shoe

### Soft shoe- Reel or Slip Jig

### Hard shoe- Jig or Hornpipe

AGE	Reel	Slip J	Hvy J	HP
Und 8	300	301	302	303
Und 9	304	305	306	307
Und 10	308	309	310	311
Und 11	312	313	314	315
Und 12	316	317	318	319
Und 13	320	321	322	323
Und 14	324	325	326	327
Und 15	328	329	330	331
Und 16	332	333	334	335
16+	336	337	338	339

### Open Girls

See rule #15

Dance 1 soft shoe Reel or Slip Jig

and choice of set

AGE	Reel & Set	SlipJ & Set
Und 10	400	401
Und 12	402	403
Und 14	404	405
Und 16	406	407
16+	408	409

### Open Boys

Dance Reel and Choice of set

AGE	Reel & Set
Und 10	410
Und 12	411
Und 14	412
Und 16	413
16+	414

Non-Dance Competition  
 Original Celtic Design Needlepoint

### Entry Form

Closing date for entries is \_\_\_\_\_

Entries postmarked after \_\_\_\_\_, and received  
 no later than \_\_\_\_\_ will be accepted with  
 a \_\_\_\_\_ late fee.

No entries accepted after \_\_\_\_\_

Entry Fees: \_\_\_\_\_ per Solo Dance

\_\_\_\_\_ Figure Dance (Per Person)

\_\_\_\_\_ Preliminary & Open Championship

Please indicate choice of dances for all Preliminary &  
 Open's on entry form below

A maximum fee per immediate family is \$80.00 plus any  
 appropriate late fees.

Mail to: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Date of Birth \_\_\_\_\_

Age as of 1/1/02 \_\_\_\_\_

Competitions: \_\_\_\_\_

Dance School \_\_\_\_\_

Teacher name \_\_\_\_\_

Prelim. or Open Please circle Choices

**Prelim.** Reel or Slip Jig / Jig or Hornpipe

**Open:** Reel or Slip Jig & S et \_\_\_\_\_

Dance School \_\_\_\_\_

Teacher name \_\_\_\_\_

Entry Fee Enclosed \$ \_\_\_\_\_

Parent's Signature